



# *Bustle Me*

BURLESQUE HENS PARTIES

**Information Guide**

# Feathers, Lace and Pearls

Spruce up your next event as we bring the art of burlesque dance to you.



## Hens Parties

What better way to get a hens party started than with a burlesque dance session, cheeky games and a lot of giggles. Your hen and her guests can let their hair down as they learn a simple burlesque routine with traditional props. However, we are not responsible for anyone practicing the moves outside the session!



## Ladies-Only Events

Spruce up your ladies-only event with a flirty burlesque dance session and fun activities. Your guests will learn how to shimmy and dip with a few giggles along the way. We provide the music, props and games for all to enjoy, so you don't have to worry about a thing!

## Packages

All packages are based on parties of 12 guests.  
The B2B is always free! Extra guests are \$12 per person.



### Teaser

Introduction to burlesque dance moves

Learning a burlesque dance routine

Prop hire for all participants

Complimentary gift for the B2B

40 Minutes

**\$300**  
(\$25pp)



### Classic

Introduction to burlesque dance moves

Learning a burlesque dance routine

One cheeky game played

Prop hire for all participants

Complimentary gift for the B2B

60 Minutes

**\$330**  
(\$27.50pp)



### All-Nighter

Introduction to burlesque dance moves

Learning a burlesque dance routine

Up to two cheeky games played

Prop hire for all participants

Complimentary gift for the B2B

90 Minutes

**\$360**  
(\$30pp)



### Grande

If you have a group larger than 20 guests, a unique theme or specific requests, we suggest a custom package to suit.

Contact us today for a personalised event and tailored quote.

**From \$20pp**

## Add-ons

Up to 5 cheeky game prizes supplied @ \$30  
Sultry outfit for the B2B @ \$15 hire fee

# Dance Style Options



## Classic Tease

This classic vintage style incorporates several elements of sensual dance and acting. It cultivates femininity, a sense of glamour and humour. In this style, you will learn to tease with a feather boa and peel off your satin gloves whilst moving to a traditional slow-grinding jazz song. Participants need enough space to stretch out their arms.



## Sultry Chair

This sultry style combines elements of classic burlesque tease, cabaret and modern chair dance poses. Participants express their inner sass using feather boas, satin gloves or top hats whilst dancing on a chair to more modern music genres. Each participant will need their own chair spaced at least 1m apart.



## Show-Girl

Think Moulin Rouge and Vegas show girls. This is a very fun and glamorous style, where participants will learn to coordinate their gorgeous bods on cue to energetic music. It is great for laughs as you attempt to walk, kick and pose in sequence just like Vegas show girls. Props include feather boas and fascinators.



## Neo-Burlesque

Also known as New-Burlesque; it is the modern-day version of the art of the tease. It is based on classic burlesque performance but also encompasses a wider range of influences including modern dance styles and theatrics. This style is all about women being self-loving, sexy, bold and expressive. Props can include gloves, top hats, canes, scarves and tassel skirts.



## Lux-Lap

It is sensual yet very fun style as it requires half the participants dancing on the laps of others. Lux-Lap is a popular routine option for larger groups as it is taught in sections whereby participants rotate between dancing and sitting. Props include feather boas, satin gloves or scarves and participants need one chair between two, spaced at least 1m apart.



## Bump, Grind & Shimmy

This style is playful, rhythmic and energetic. In this routine, participants will showcase various burlesque bumps, grinds, shimmies, walks, poses and spicy attitude that gets the 'audience' feeling hot under their collars. Props can include satin gloves and tassel skirts.

Venue space and access to chairs need to be considered before requesting a routine style.

# Game Options



**Bride Seduction** The Bride sits on a designated chair in the centre of the room and selects up to four contestants. Each contestant is given one prop. When the music starts, Contestant #1 uses their designated prop to seduce the Bride. The game continues till all contestants have had a turn at seducing the Bride with their prop. The Bride selects one winner.



**Musical Laps** Similar to Musical Chairs however half of the group are sitting on the chairs whilst the other half are dancing around them. When the music stops, those dancing must sit on the lap of another guest in the circle. At the end of each round, a chair (and lap) is removed till there is only one left. The person to land on the last lap is the winner.



**Thong Shot** Each player wears 3x thongs on top of their clothes. On Go!, they must take one thong off at a time and sling shot it into a basket in the centre of the room. The player to successfully remove and shoot their thongs in the basket first is the winner. This can also be modified into a team game.



**For the Gram** This is a small group game. Each team must create a sexy group pose using one or more props provided. This game can also be modified where teams must create a specific object or animal, depending on what the Bride requests.



**Twerk It** The Bride selects at least three participants. Each participant is given a Twerk Belt, which is a box filled with ping-pong balls that can be tied around the waist. The aim is to twerk out the balls from the box till there are no balls left inside. This can also be modified to a team game.



**Get Leid** This is a partner game. One player must stand behind the line whilst the other player stands across the room. On Go!, Player 1 tosses the necklace/lei to Player 2, aiming to catch them round their head without using their hands.



**All Blown Up** On Go!, players attempt to blow up their balloon as fast as they can within the time limit (e.g. 15 seconds). The player with the stiffest balloon is the winner.



**Guess Who?** The Bride is blindfolded. The Maid-of-Honor selects at least three participants to line up in the centre of the room. The Bride must feel her way up and down each participant to guess who they are.



**Garter On, Garter Off** Each player starts with a garter on their thigh of one leg. The aim is to remove the garter and put it on their opposite thigh without using their hands.

Prizes can be supplied for the winners of each game at an extra charge.



# FAQ

1

## **Do I need to provide anything as the event organiser?**

Your hostess will provide music, a music player, props for all participants, game equipment and a complimentary gift for the B2B. A sultry outfit for the B2B and game prizes are an extra charge. You will need to provide chairs if you choose a Sultry Chair or Lux-Lap dance style. Typically apartment suites, AIRBNB, homes and event spaces have chairs on site.

2

## **How much space is needed?**

Each participant needs enough space to stretch out their arms, or a chair to be placed 1m apart.

3

## **Do you take bookings outside of hens parties?**

Absolutely! We cater to milestone birthdays, ladies-night-in, charity events, fundraisers and everything in-between.

4

## **Can I keep the props and costumes?**

Unfortunately not. We dry-clean our costumes between each event and take very good care of our props ensuring we sanitise them between use.

5

## **What if my guest number changes?**

Don't stress! We know guest numbers can change when it comes to organising an event. We confirm your final numbers along with payment 48 hours prior to the event.

6

## **Can you work to a theme?**

We love a good theme! We can definitely coordinate a routine and games to a theme. And if you're stuck for theming ideas, we've already done Great Gatsby, Beyonce inspired, Cabaret, Cheeky Christmas, Austin Powers and even 90's hip hop! Your options are endless.

7

## **I don't see a package suitable to my event. Do you customise bookings?**

Of course! Contact us for a personalised package and tailored quote.



# Terms & Conditions

Your hostess will provide music, a music player, props for all participants, game equipment and a complimentary gift for the B2B. A sultry outfit for the B2B and game prizes are an extra charge. Chairs will not be provided for chair or lap routines.

Package prices are based on a maximum of 12 people. Participant numbers over this will incur an additional charge of \$12 per person, or a custom package will be provided. The B2B participates free-of-charge.

Package prices do not include a travel fee if applicable, nor bond of \$50 to cover damage to property, changes in participant numbers or failure to start session within 10 minutes of booking time. Bond will be refunded within 7 days after the event.

A non-refundable \$100 deposit is required to secure your booking. Payment must be finalised in full 48 hours prior to the event.

## Event Enquiries

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*easy*  
weddings